

Surviving and Thriving

Tammy Cline is a survivor & thriver, who is grateful daily for the opportunity to live a full life. It has been 5 years since she survived a heart attack, a significant speed bump in her life journey yet her passion for life continues to shine through. Tammy is energized professionally in her role as a leader in digital merchandising. She enjoys being active with her family & in her favorite exercise - tennis, while also serving in church and her community. Tammy is driven by a desire to continually learn and grow, while giving back to others, and looks forward to sharing her personal yet challenging journey to health in order to help educate women on achieving and maintaining heart healthiness.